



Action Cards

Cut along the edge of each card

1

Ages 7+

The first person to complete each action wins each round.



Good job!

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ACTION CARDS - Cut along edge

Hop

on 1 leg and
count to 10



Sing

your ABC's while
doing jumping jacks



Spell

your name while
hopping like a
rabbit



Hold

your leg in the air & jump
and say "I can do it"
10 times



Stick

out your tongue and
sing "Happy Birthday"
to yourself



Reach

your arms over your
head and touch
your ears



Swing

your left arm
and your
right leg



Clap

your feet
15 times



ACTION CARDS - Cut along edge

Wiggle

like a worm and
count by 5's to 50



Spin

in a circle naming
10 things that have a
circle shape



Cover

your eyes and spell
your name
backwards



Jump

up and down
saying "blue bird"
15 times



Whistle

while waddling like
a penguin



Smile

and sing "I'm a little
teapot" in the lowest
voice possible



Twirl

like a ballerina and
make a clicking sound
with your tongue



Hold

your nose and say
the alphabet with
no vowels

